

POWERLIFTING

1. GENERAL TERMS

The Powerlifting competitions shall be organised in accordance with the most recent Technical Regulations of the International Powerlifting Federation (IPF). In any dispute, the English text shall be regarded as authoritative.

The programme and duration of competitions are fixed by FISU in agreement with the Organising Committee and the ITC. The competitions shall last minimum five days and include the following events:

Men

59kg, 66kg, 74kg, 83kg, 93kg, 105kg, 120kg, +120kg

Women

47kg, 52kg, 57kg, 63kg, 69kg, 76 kg, 84kg, +84kg

The competition shall include the following sequences:

- a) The Squat
- b) The Bench Press
- c) The Deadlift

Gold, silver and bronze medals shall be awarded in squat, bench press, deadlift and total.

A Team Classification shall be calculated as per the IPF TR, and trophies shall be awarded to the top 3 teams by gender.

Individual "Best Lifter" awards calculated via IPF points for top 3 by gender.

Each university is authorised to enter up to 16 competitors with a maximum of one athlete per weight category.

The university delegation may include the following officials according to the number of participants registered:

1-8 athletes = max. 2 officials

9 or more = max. 4 officials

A country can be represented in each weight category by a maximum of two different universities.

At the first General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC.

2. PRE-COMPETITION PROCEDURE

Three months before the Cup, the Organising Committee has the right to collect 25% of the total cost of stay per athlete and official from participating universities.

3. TECHNICAL OFFICIALS

Nomination and costs

International Technical Officials (ITOs) shall be appointed jointly by IPF and FISU. The cost of the ITO's (travel and per diem) will be covered by IPF while full board will be covered by the OC.

Other costs are referenced in the FISU – IPF Collaboration Convention.

Numbers of Technical Officials

A minimum of 18 ITOs are needed, of which a minimum of 15 shall be from a country other than the host country. Approximately 8 to 10 NTOs are also needed.

ITO's = International Referees, Jury Members and Technical Controllers to run the competition on the lifting platform

NTO's = National Referees to assist on official speakers and scoring table, assist with weigh in, controlling warm up and training area;