

## **MODERN PENTATHLON**

### **1. GENERAL TERMS**

All Modern Pentathlon – and its sub sports - shall be organised in accordance with the most recent technical rules of the Union International de Pentathlon Moderne (UIPM) unless otherwise stated. In the event of a disagreement in the interpretation of these rules, the English text shall be regarded as authoritative.

The programme and duration of competitions are fixed by FISU in agreement with the Organising Committee and the WUC CTI. The competitions shall last a minimum of five (5) days and include individual and relay/ team events.

Each event consists of four or three of the five Modern Pentathlon disciplines: fencing, swimming and laser-run (running and shooting). Competitors achieve points in each discipline according to their performance. The last event is the Combined with a handicap start based on the competitors' total points from the previous events. Competitors set off at intervals which correspond in seconds to the Pentathlon point's difference between themselves and the athlete in front. The first athlete across the finish line is the overall winner.

#### **Individual Events**

Individual events shall be organised for both genders: women and men. A maximum of six (6) competitors per gender and three (3) officials per country and event can be entered. The OC and WUC CTI can limit the number per nation to four (4).

Should the total number of competitors exceed 36, qualification competitions and a final (with 36 competitors) shall be organised; according to the UIPM technical rules.

#### **Modern Tetrathlon**

It consists of the following disciplines: Fencing, swimming and laser-run (running and shooting).

#### **Disciplines**

##### ***Fencing***

Each athlete will fence against all other athletes (round robin) with an electric épée for one hit within a time limit of 1 minute. If the number of total fencers is less than 20, it will be necessary to fence two rounds consecutively, without the fencers leaving the piste. If a hit is not scored within the time, both competitors register a defeat.

A bonus round will be organised indoors directly after the round robin or later outdoors before the laser-run. Athletes will fence against each other in a "ladder system". The start list is based on the results of the fencing round robin, with the 2 lowest ranked athletes fencing each other first. The winner stays and fences the next higher ranked athlete. The time limit for each bout is 30 seconds.

##### ***Swimming***

The swimming discipline is a 200 meters freestyle race. Athletes will be seeded into heats according to their personal best time achieved in the last 12 months in the same discipline.

##### ***Laser-Run (running and shooting)***

The shooting is carried out with Laser Pistols and electronic laser targets.

The competitor with the most points after 2 disciplines starts first in the laser-run. The remaining athletes start with time handicaps (one second for every Modern Pentathlon point after two MP disciplines).

The laser-run consists of four (4) series of shooting and a total distance of 3200m (4x800m) running. Starting with a short run; first shooting (5 targets hits to be shot); 800m running; followed by three (3) more series of shooting and running.

### **Mixed Relay Event**

Team of 2 athletes: 1 woman and 1 man.

The Mixed Relay event allows up to 24 relay teams on two competitors to compete in one day. Each team consists of two athletes from the same country. A maximum of two (2) teams per country are allowed.

If there are less than 16 teams, International FISU Mixed Relay Teams composed of athletes from different countries can be allowed to participate in the Mixed-Relay Event, if the OC resources permitting. International FISU Mixed Relay Teams are not entitled to win medals.

### **Modern Pentathlon**

It consists of the following disciplines: Fencing, swimming, riding and laser-run (running and shooting).

#### ***Fencing***

Each relay team will fence against all remaining relay teams with an electric épée as in the individual competition. Athletes fence the same gender competitor.

A bonus round will be organised indoors directly after the round robin or later outdoors before the laser-run. Athletes will fence against each other in a "ladder system". The start list is based on the results of the fencing round robin, with the 2 lowest ranked athletes fencing each other first. The winner stays and fences the next higher ranked athlete. The time limit for each bout is 30 seconds.

#### ***Swimming***

The swimming event is a freestyle 2 x 100 meters relay race. The women team member starts first. Teams will be seeded into heats.

#### ***Riding***

The Relay riding course consists of 8 show jumping obstacles without a combination on a 2x 260 – 300m course. Each athlete has to complete the course once.

#### ***Laser-Run (running and shooting)***

The shooting will be carried out with Laser Pistols and Electronic targets. The mixed relay team with the most points after 2 disciplines starts first in the laser-run. The remaining teams start with time handicaps (one second for every Modern Pentathlon point after two MP disciplines).

The Laser-run consists of four (4) series of shooting and a total distance of 3200m running as in the individual events. The women start first and after completion of two (2) series in shooting, running and, hands over to the man.

### **Team Event**

Team of four (4) athletes, mixed gender.

Team competitions for mixed teams are organised. The Team event allows up to 24 teams of 4 competitors to compete in one day. Each Team consists of four (4) athletes from the same country. Each competitor competes in one discipline only. Each team must have gender equality within the team (2 women – 2 men) competing each athlete in one (1) discipline only.

If there are less than 24 teams, International FISU Teams composed of athletes from different countries can be allowed to participate in the Team Event, if LOC resources permitting. International FISU Teams are not entitled to win medals.

### **Modern Pentathlon**

It consists of the following disciplines: Fencing, swimming, riding and laser-run (running and shooting).

#### ***Fencing***

Each athlete will fence against all other athletes with an electric épée for one hit within a time limit of one (1) minute. If the number of total fencers is less than twenty (20), it will be necessary to fence two rounds consecutively, without the fencers leaving the piste. If a hit is not scored within the time, both competitors register a defeat.

A bonus round will be organised indoors directly after the round robin or later outdoors before the laser-run. Athletes will fence against each other in a “ladder system”. The start list is based on the results of the fencing round robin, with the 2 lowest ranked athletes fencing each other first. The winner stays and fences the next higher ranked athlete. The time limit for each bout is 30 seconds.

#### ***Swimming***

The swimming discipline is a 200 meters freestyle race. Athletes will be seeded into heats according to their personal best time achieved in the last 12 months in the same discipline.

#### ***Riding***

The Team riding course consists of 12 show jumping obstacles with a combination of two elements (double) and another of three elements (treble) on a 400 – 450m course.

#### ***Laser-Run (Running and shooting)***

The shooting will be carried out with Laser Pistols and Electronic targets.

The team with the most points after two (2) disciplines starts first in the laser-run. The remaining teams start with time handicaps (one second for every Modern Pentathlon point after two MP disciplines).

The Laser-run consists of four (4) series of shooting and a total distance of 3200m running as in the individual events. The shooter hands over to the runner and vice versa until the four (4) series are completed.

## **2. PRE-COMPETITION PROCEDURE**

Three (3) months before the Championship, the Organising Committee has the right to collect 25% of the total cost of stay per athlete and official from participating countries.

### **3. TECHNICAL OFFICIALS**

#### **Nomination and costs**

ITO's shall be appointed jointly by UIPM and FISU. Their costs of travel and per diem will be covered by UIPM while full board will be covered by the OC.

#### **Number of Technical Officials needed**

For the WUC, two (2) ITOs are needed. The host country's resources are considered.