

**TOGETHER
WE MOVE AROUND
THE WORLD**

**10 YEARS
KILOMETERS**

JOIN THE MOVEMENT!



20 SEPTEMBER 2026

**INTERNATIONAL DAY
OF UNIVERSITY SPORT**

#IDUS

#IDUS2026

**10 EVERY
KM
COUNTS**

**YOUR DISTANCE + THOUSANDS OF OTHERS =
ONE GLOBAL MOVEMENT**

JOIN US!



**INTERNATIONAL DAY
OF UNIVERSITY SPORT**
Proclaimed by UNESCO
20 September



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