



BEACH WRESTLING

TECHNICAL HANDBOOK



FISU WORLD UNIVERSITY CHAMPIONSHIPS

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INTERNATIONAL
UNIVERSITY
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1. HISTORY

Beach Wrestling has been integrated into the FISU World University Championship programme as a compulsory sport for the 2024 edition of the Beach Sports event. The inaugural edition of this event was held in the vibrant city of Rio de Janeiro, Brazil. It involved a modest number of 27 participants, comprising a diverse mix of both men and women. Despite the relatively small turnout, the enthusiasm and eagerness to compete were truly remarkable, with all participants demonstrating a strong competitive spirit and a genuine passion for the event. The atmosphere throughout the event was truly electric, filled with camaraderie and the thrill of competition. Adding to the unforgettable experience were the absolutely breathtaking views of Rio's iconic landmarks – the majestic Sugarloaf Mountain and the awe-inspiring Christ the Redeemer statue, providing a stunning backdrop to the proceedings.

2. STATISTICS

EDITION	YEAR	COUNTRY	CITY	COUNTRIES	ATHLETES			OFFs	TOTAL
					M	W	TOT		
1	2024	BRA	Rio de Janeiro	4	11	7	18	9	27

3. GENERAL SCHEDULE

DAY -3	DAY -2	DAY -1	DAY 1	DAY 2	DAY 3
A	A	GTM / OC	C	C / CC	D

Legend: A – Arrivals / CC – Closing Ceremony / C – Competition / D – Departures / GTM – General Technical Meeting / OC – Opening Ceremony

For Beach Wrestling, the competitions shall last 2 days

4. REGISTRATION PROCEDURES

4.1. GENERAL ENTRY (DEADLINE: -6 MONTHS TO THE EVENT)

The General Entry is the first stage of the registration process, where delegations are invited to register, through the NUSFs, for the Championship indicating a general interest in participating in the event.

Teams and athletes are not required to submit any documentation or undergo a selection processes.

The submission of a General Entry Form is non-binding, indicating only initial interest by the NUSF but not final commitment



4.2. QUANTITATIVE ENTRY (DEADLINE: -3 MONTHS TO THE EVENT)

During the Quantitative Entry the NUSF delegation commits to participate and confirms the delegation composition in terms of numbers and although it does not yet provide individual details, it requires the NUSFs to submit an accurate count of delegation members.

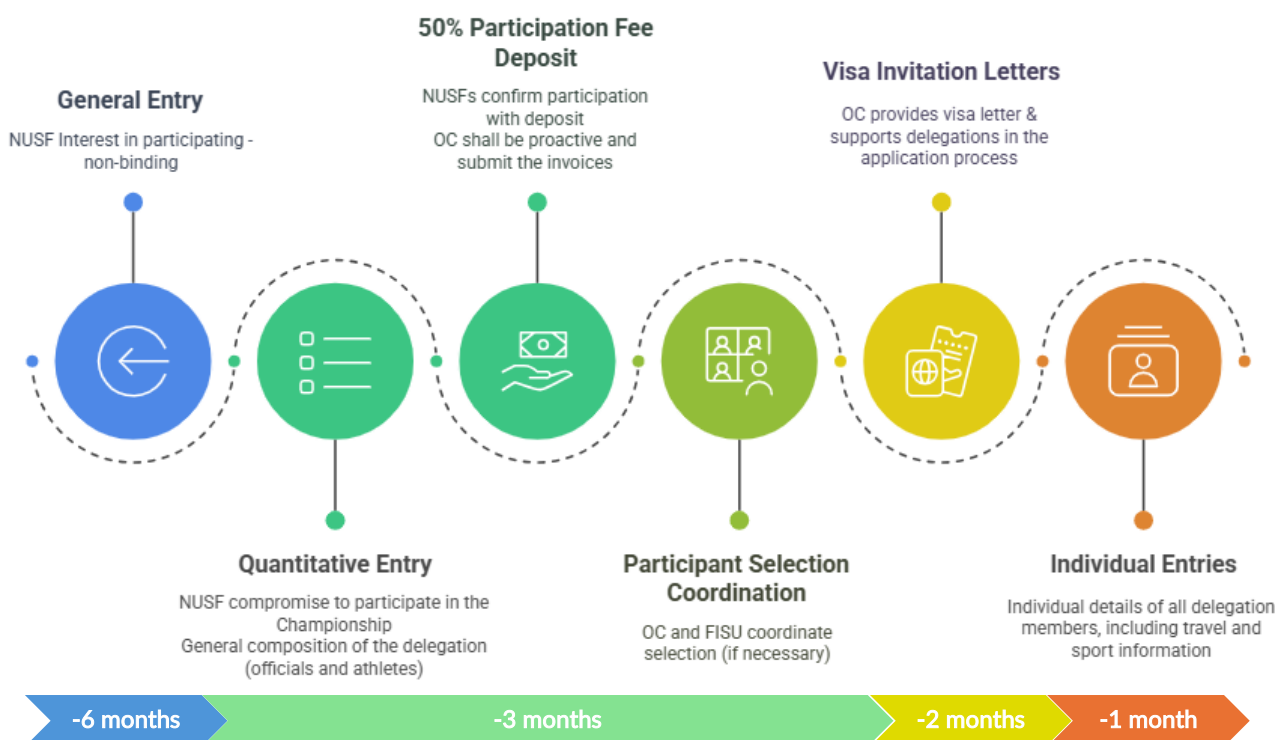
At this stage, a 50% payment of the participation fees is due and must be settled by the Quantitative Entry deadline. By proceeding with the payment, the delegation confirms its participation in the Championship.

This deposit serves as a participation guarantee, and is non-refundable in case of withdrawal, with refunds subject to FISU General Regulations and any OC-specific cancellation policies

4.3. INDIVIDUAL ENTRY (DEADLINE: -1 MONTH TO THE EVENT)

The Individual Entry is the final step in FISU event registration. The NUSF must provide all relevant data and documentation for each delegation member.

The remaining 50% of the participation fees is paid in full to the Organising Committee by this deadline. Failure to do so may result in non-participation in the Championship, unless specifically approved by the Organising Committee



5. SPORT REGULATIONS

The Beach Wrestling competitions shall be organised in accordance with the most recent technical regulations of the “United World Wrestling” (UWW). In case of dispute in the interpretation of the rules, the English text shall be regarded as authoritative.

The competitions shall last 2 days as indicated in the General Schedule (Section 3) and the competition programme shall be proposed by the Organising Committee Competition Manager and confirmed by the FISU TCC, including the following events:

5.1. COMPETITION EVENTS

MEN's	WOMEN's
70Kg	50Kg
80Kg	60Kg
90Kg	70Kg
+90Kg	+70Kg

Weigh-ins will occur each competition day in the morning, and no weight tolerances will be allowed

Draw

Athletes will be drawn in accordance with the Beach Wrestling World Series rankings.

5.2. SCORING SYSTEM

A match comprises a single period lasting three minutes. The objective is to score more points than the opponent within this timeframe. The first athlete to reach three points wins the match. If the match is tied at the end of the period, the winner shall be the athlete who scored the last point. In the event of a 0-0 tie, the winner shall be the lightest athlete.

SCORING SYSTEM	
1 POINT	- The opponent touches outside the ring - Take the opponent down to the sand, except hands - The opponent receives a caution for illegal action
3 POINTS	- Take the opponent's back to the ground during a takedown

Weigh-Ins

Weigh-ins will be conducted on the same day as the category event, commencing two hours prior to the competition and lasting for 30 minutes. Athletes must wear their competition uniform (shorts or underwear) and are permitted to check their weight on the scales as many times as they wish within the official weigh-in period. The referee delegate will record the precise weight of each athlete during the weigh-in.



5.3. CLASSIFICATION SYSTEM

Each athlete will be ranked in their group based on the number of victories. In case of a tie in the group (same number of victories), if it concerns only two wrestlers, their direct match will determine the ranking.

If it concerns more than two athletes, the ranking will be determined following these criteria, across all competition:

- The highest classification points
- The highest technical points scored
- The fewest technical points given
- The weight of the athletes*
- The lowest draw/rank number

*Their weights (at the official weigh-in of the concerned day) will be checked and the lighter (lightweight) one will be declared as the winner.

These criteria are also used to determine the best 2nd places that will move to the direct elimination phase. It is clear that the first criteria remain the number of victories.

The Final ranking of each weight category will be based on the number of victories and the above criteria will be used if there is tie(s).

Only one bronze medal will be awarded in each weight category despite the number of athletes

Team Ranking

The team ranking is determined by the results of the top 10 wrestlers in the competition, remaining consistent regardless of the number of competitors in each category. The points awarded for rankings in each weight category are as follows:

FINAL CATEGORY POSITION	TEAM RANKING POINTS
1 st	25 points
2 nd	20 points
3 ^{rds}	15 points
5 ^{ths}	10 points
7 th	8 points
8 th	6 points
9 th	4 points
10 th	2 points

This points system will also apply in the event that a category is conducted under the Nordic Tournament format. In this case, an athlete finishing in 4th place will receive 12 points, and an athlete in 6th place will earn 9 points.

If multiple teams have the same total points, the following criteria will be used to determine their ranking:

- a) Most first-place finishes
- b) Most second-place finishes
- c) Most third-place finishes
- d) And so on.

A Team Ranking award shall be given to the top team in each gender

5.4. DELEGATIONS COMPOSITION

A. Athletes

EVENTS	MEN's	WOMEN's
Weight Categories	Max. 2 athlete per category	Max. 2 athlete per category
Max. 16 athletes (8 men & 8 women) per delegation		

Participating athletes and coaches will require a valid UWW International Competitor's License as a condition of entry

All athletes must comply with the UWW Uniform Guidelines

The delegations must declare their starters to the Technical Committee 3 days before the official draw, which will take place immediately after the official weigh-in, utilising the Arena software

At the Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC

B. Officials

TOTAL NUMBER OF ATHLETES	TOTAL NUMBER OF OFFICIALS
1 athlete	Max. 1 official
2 to 5 athletes	Max. 2 officials
6 to 10 athletes	Max. 3 officials
11 to 16 athletes	Max. 4 officials

6. TECHNICAL OFFICIALS

6.1. INTERNATIONAL TECHNICAL OFFICIALS

For the FISU Championship, the ITOs are appointed by UWW, with the endorsement of FISU. This appointment process considers several critical factors, including the number of participants, the level and availability of NTOs, and the goal to minimise expenses when possible. To achieve cost-efficiency, UWW will aim to nominate ITOs from neighbouring countries whenever feasible. This approach not only fosters regional cooperation but also optimises resources.



A. Number & Roles of ITOs

INTERNATIONAL TECHNICAL OFFICIALS	
NUMBER	FUNCTION
2	Referee Delegates
2	UWW IT Secretariat
10	Referee
2	Video Operator
3	UWW Staff
A total of 19 ITOs are required	

B. ITOs Costs

According to the Collaboration Convention signed between FISU and UWW, the costs of the ITOs are the following:

- Organising Committee shall manage:
 - ITOs' flights
 - ITOs' per-diem
- Organising Committee shall cover:
 - Technical Delegate's accommodation in single room
 - Technical Delegate's meals
 - Technical Delegate's internal transportation
 - ITOs' accommodation
 - ITOs' meals
 - ITOs' internal transportation

All ITOs costs for travel and per-diem should be shared among the participants. The Organising Committee will collect all expenses related to the ITOs travel and per-diem and submit them to FISU for approval. Once approved, the Organising Committee will communicate the total cost information to the delegations (according to the number of athletes registered) and provide them with the invoices for payment

6.2. NATIONAL TECHNICAL OFFICIALS

Concerning the NTOs, these individuals are appointed by the Wrestling National Federation or the appropriate governing bodies within a country, under the supervision of the Organising Committee.

A. Number & Roles of NTOs

NATIONAL TECHNICAL OFFICIALS	
NUMBER	FUNCTION
1	Call Room Manager
1	Back of House Manager
2	Timing & Scoring
1	Announcer
10	General Support
A total of 15 NTOs are required	

B. Agreement with the NF

Concerning the NTOs participation, it falls outside the scope of FISU or UWW. It is therefore advisable for the Organising Committee to reach an agreement directly with the National Federation. This collaboration will help ensure clarity and alignment on the financial aspects associated with it, including the following:

- NTOs Nomination – Ensure all NTOs possess the necessary qualifications to work in an international event
- Management and distribution of the technical official's clothing/uniforms
- Arrangement of suitable accommodation for the required period, if needed

It is strongly recommended to initiate communication with the National Federation promptly regarding the appointment of these officials. This proactive approach will help avert any potential personnel shortages that may arise from conflicting event dates, thereby expanding the available options and ensuring a more successful engagement

7. SPORT MINIMUM REQUIREMENTS

7.1. COMPETITION VENUES

- Number of competition venues – 1
- Type of venues – Outdoor
 - Areas – min. 2 + 1 back-up of 3,5m radius

7.2. TRAINING VENUES

- Number of training venues – 1
- Type of venue – Outdoor
 - Separate from the competition venue

7.3. FACILITIES

- Weigh-in room – 2
 - Official weigh-in – 1
 - Training weigh-in – 1 (preferably at the accommodation venue)



7.4. EQUIPMENT

A. Venue Equipment

- Electric scale – 2
- Display system for competitor's names
- Sound system – distinct from the one of the official table
- Electronic scoreboards – 1 per area
- Big LED screen for challenge review – 1
- Gong – 1 per area
- Wi-Fi
- Water Pipe – reaching the Field of Play

Technology requirements will be shared at a later stage

B. Uniforms & Sport Equipment

- Wristband for Referees (black & white) – 15 pairs

Please refer to the Minimum Requirements document for more detailed information

8. TRAININGS

The Organising Committee is responsible for coordinating and communicating the training schedule to each delegation, ensuring appropriate access to facilities based on the sport and competition schedule. Some of the factors to be considered are:

- Create a training schedule based on the indications of the FISU TCC
- Consider the usage of the main competition venue, if needed and appropriate
- Provide hydration and basic medical assistance for training sessions
- Share a detailed training plan with each delegation at least 48 hours before their arrival
- Ensure training venue availability throughout the Championship

Please refer to the Section 5.2.3 of the General Handbook for more detailed information regarding Trainings

9. MEDICAL SERVICES

A. FISU Requirements

- First aid and Emergency Medical care
- Medical transportation
- OC on-call first aid medical services shall be available on a 24-hour basis
- A minimum of two ambulances per venue should be available and on duty from the start of warm-up until at least 45 minutes after the final competition of the day

B. Participants Medical Insurance

All participants must have valid travel medical insurance, covering:

- 24/7 Emergency Assistance
- Emergency Medical Expenses
- Medical Evacuation/Repatriation
- Trip Cancellation/Interruption
- Accidental Death or Injury

The OC is solely responsible for providing first aid, emergency medical care, and transportation to the designated hospital. All other medical costs shall be borne by the participant's insurance

Refer to Section 3.4.1 of the General Handbook for more detailed information regarding Medical Services

10. DOPING CONTROL

A. FISU Requirements

- The requirements regarding the number and type of doping tests, as well as the total number of tests to be conducted, can be found in the *FISU Doping Test Requirements* document. This information is available exclusively to the Organising Committee.
- The OC Doctor or Head of the Medical area shall coordinate the doping testing and contact the FISU CMI to clarify the moment or disciplines in which the tests will be carried out.
- All doping tests costs (including collection, transportation, laboratory analyses) shall be borne by the Organising Committee.

B. Athletes Selection

- Athletes are eligible for testing once accredited until departing from the official event accommodation.

Please refer to Section 3.4.2 of the General Handbook for more detailed information regarding Doping Control



11. PROTOCOL, SPORT PRESENTATION & AWARDING

11.1. MEDALS TABLE

BEACH WRESTLING							
WEIGHT CATEGORIES		MEN			WOMEN		
MEN	WOMEN	G	S	B	G	S	B
70Kg	50Kg	1	1	1	1	1	1
80Kg	60Kg	1	1	1	1	1	1
90Kg	70Kg	1	1	1	1	1	1
+90Kg	+70Kg	1	1	1	1	1	1
TOTAL		4	4	4	4	4	4

A. FISU Requirements

The Organising Committee is responsible for providing the medals as shown in the table above. Medals must be awarded for all categories. The top 3 athletes in each category are eligible for medals.

The table below provides a comprehensive overview of the total number of medals awarded across all competition disciplines. Please note that extra/reserve medal sets and the FISU set are not included in these figures.

WRESTLING MEDALS	
Gold	8
Silver	8
Bronze	8

The Organising Committee must provide FISU with a set of medals of the event

B. Recommendations & Considerations

It is crucial to have additional sets of medals on hand as a contingency. Some medals may be defective and may need to be replaced.

A trophy should be awarded for the top ranked team in Team Ranking

Medals are not mandatory for Officials in Wrestling

11.2. SPORT PRESENTATION

Sports presentation is vital for elevating a Championship from a competition to an unforgettable experience. It encompasses everything from music and lighting to commentary and fan engagement, creating a unique atmosphere that engages the audience.

In case there is a big screen in the venue for the spectators, some educational video (provided by UWW) regarding the rules of the sport can be displayed at the beginning of the competition day

A. FISU Requirements

- **Audio Elements**
 - Sound System: A high-quality sound system is essential for announcements, music, and commentary, ensuring clear communication and an engaging atmosphere.
 - Microphone: Essential for general announcements such as schedule, results, athletes introduction, general information, challenges and others.
 - Thematic Music: Curate an energetic playlist to be played during introductions, warm-ups, and medal ceremonies to elevate the excitement.
- **Commentary and Announcing**
 - Live Announcements: Make timely announcements regarding event schedules, combat results, and athlete backgrounds to keep the audience informed and engaged.
- **Athletes Introduction**
 - Ceremonial Introductions: Develop exciting and personalised introductions for the athletes, showcasing their achievements and backgrounds.

B. Recommendations & Considerations

- **Audio Elements**
 - DJ: Enhances the atmosphere and overall experience of a sports competition, by creating and maintaining energy, motivating the athletes and engaging the crowd.
- **Commentary and Announcing**
 - Engaging Commentary: Hire knowledgeable commentators who can provide insights about the athletes, techniques, and combat strategies. This adds depth to the viewing experience.

11.3. BEACH WRESTLING PRE-COMPETITION PROTOCOL

A. Athletes Introduction

Event Host:

"Now, let's introduce our contenders for the [men's/women's/teams] Championship! Please join me in welcoming our athletes with enthusiasm!"

- Country Flag Display (if any big screen available)
 - "Representing [Country], we have [Athlete's Name]!"
 - "[He/She] recently finished [insert notable performance], and holds a personal best of [insert time, if available]."
 - "Notably, [he/she] has also won [mention any major titles or accolades, such as national championships]."



12. SERVICES

The Organising Committee should provide a variety of services for the event, including:

- Ice
- Laundry
- Wi-Fi

12.1. ICE

The supply of ice is one of the most common requests from participating delegations, particularly for injury treatment and recovery purposes.

- The Organising Committee must supply ice for treating injuries during both practice and competition, as part of the medical coverage for the event. It does not cover large quantities of ice needed for recovery treatments, such as cryotherapy.

The Organising Committee secure a reliable ice provider on standby, anticipating the request from teams and establishing clear procedures for ice procurement, including pricing and how to access this service

12.2. LAUNDRY

Laundry services are essential for many sports, particularly in long-duration competitions and team sports, where athletes may require frequent changes of clothing.

- Laundry services must be provided in all Team Sports Championships and in all sports with more than four competition days.
- Self-Service or Full-Service Laundry can be considered (hotel/accommodation and external services included in the latter)

Self-Service is the preferred option, giving more flexibility and control to the teams. If not, it is important to negotiate reduced pricing and adjust the timing for collection/delivery of uniforms with the provider

12.3. WI-FI

Wi-Fi is an essential service for university students, as it serves as a critical infrastructure that fosters communication and supports their academic responsibilities.

- Participants can easily access real-time information about event schedules, results, and updates. This allows them to plan their day effectively, ensuring they don't miss out on key events and activities.
- Participants can engage with live broadcasts, social media updates, and other digital content related to the event.
- For many students, academic responsibilities continue even during events. Wi-Fi connection ensures they can access study materials and educational resources, maintain communication with professors, and keep up with online courses.

Wi-Fi should be provided free of charge for all participants at the event, both at the accommodation sites and at the competition venues

Please refer to the Section 3.11 of the General Handbook for more detailed information on all services

13. GENERAL TIMELINE

TIMELINE	ACTIONS
Event -12 months	• Coordination Visit ◦ Venues visit and Equipment approval (FISU TCC) • Competition programme approval (FISU TCC) • Venue medical plan approval (FISU TCC)
Event -6 months	• General Entries (NUSFs)
Event -3 months	• Quantitative Entries (NUSFs) • 50% payment from participating countries (NUSFs / OC) • ITOs & NTOs list (FISU / UWW)
Event -1 months	• Individual Entries (NUSFs) • 100% payment from participating countries (NUSFs / OC) • Final Bulletin (OC / FISU / FISU TCC)
Event -1 day	• Accreditation and participants list confirmation (NUSFs) • Technical Officials Meeting (ITOs / NTOs / TCC / OC) • General Technical Meeting (NUSFs / OC / FISU)
EVENT	
Event +1 week	• Send all documents and media to FISU (OC)
Event +1 month	• Final Report to FISU (OC)

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