



WEIGHTLIFTING

TECHNICAL HANDBOOK

FISU WORLD UNIVERSITY CHAMPIONSHIPS

DEPARTMENT
WORLD UNIVERSITY CHAMPIONSHIPS
championships@fisu.net

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INTERNATIONAL
UNIVERSITY
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1. HISTORY

Weightlifting was officially incorporated into the FISU World University Championships in 2008, with its inaugural edition held in Komotini, Greece—a landmark event that laid the foundation for university-level competition in the sport.

Since then, the Championships have continued on a biennial cycle, gaining momentum and prestige over successive editions. Most recently, the 6th edition took place in Biała Podlaska, Poland, in 2018, which saw strong participation from university athletes across dozens of countries.

The most recent cycle was strongly impacted by the global COVID-19 pandemic, which led to the cancellation of several scheduled editions. The 2020 edition, planned for Gangjin in the Republic of Korea, was unfortunately cancelled due to the COVID-19 pandemic, and similarly, the 2022 Championship in Budapest and the 2024 in Kampala. Despite these disruptions, weightlifting continues to hold a strong place within the FISU sports programme and remains an important platform for showcasing student-athletes on the international stage.

Looking ahead, the next chapter of university weightlifting will unfold in 2026 in Doha, Qatar, where FISU will host the Championship from 8 to 12 September.

In addition to its place within the World University Championships, weightlifting has also appeared as an optional sport at the Summer World University Games (formerly the Universiade) on three occasions: 2011 (Shenzhen, China), 2013 (Kazan, Russia), and 2017 (Taipei, Chinese Taipei).

2. STATISTICS

EDITION	YEAR	COUNTRY	CITY	COUNTRIES	ATHLETES			OFFs	TOTAL
					M	W	TOT		
1	2008	GRE	Komotini	32	103	56	159	78	237
2	2010	TPE	Taichung	15	46	28	74	38	112
3	2012	ISR	Eilat	27	89	53	142	71	213
4	2014	THA	Chiang Mai	29	78	71	149	67	216
5	2016	MEX	Mérida	21	65	51	116	54	170
6	2018	POL	Biała Podlaska	26	59	77	136	68	204

3. GENERAL SCHEDULE

DAY -3	DAY -2	DAY -1	DAY 1-4	DAY 5	DAY 6
A	A	GTM / OC	C	C / CC	D

Legend: A – Arrivals / CC – Closing Ceremony / C – Competition / D – Departures / GTM – General Technical Meeting / OC – Opening Ceremony

For Weightlifting, the competitions shall last 5 days



4. REGISTRATION PROCEDURES

4.1. GENERAL ENTRY (DEADLINE: -6 MONTHS TO THE EVENT)

The General Entry is the first stage of the registration process, where delegations are invited to register, through the NUSFs, for the Championship indicating a general interest in participating in the event.

Teams and athletes are not required to submit any documentation or undergo a selection processes.

The submission of a General Entry Form is non-binding, indicating only initial interest by the NUSF but not final commitment

4.2. QUANTITATIVE ENTRY (DEADLINE: -4 MONTHS TO THE EVENT)

During the Quantitative Entry the NUSF delegation commits to participate and confirms the delegation composition in terms of numbers and although it does not yet provide individual details, it requires the NUSFs to submit an accurate count of delegation members.

At this stage, a 50% payment of the participation fees is due and must be settled by the Quantitative Entry deadline. By proceeding with the payment, the delegation confirms its participation in the Championship.

This deposit serves as a participation guarantee, and is non-refundable in case of withdrawal, with refunds subject to FISU General Regulations and any OC-specific cancellation policies

4.3. INDIVIDUAL ENTRY – LONG LIST (DEADLINE: -3 MONTH TO THE EVENT)

For weightlifting, a specific registration process applies. In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event.

Within the FISU registration system, the Individual Entry is the final step. No later than three months before the competition, each NUSF must submit the complete data and documentation of all potential delegation members. This preliminary submission is referred to as the delegation long list.

Only athletes and officials included in this long list are eligible to participate in the competition. No additional delegation members may be added after this stage

The National Federation of Weightlifting is used to these special arrangements for the participation in International Weightlifting Competitions. NUSFs are encouraged to closely collaborate with them to avoid issues in the registration

Special Procedures for Registration in Weightlifting

In addition to the registration of the long list in the FISU GMS, to be completed by the respective NUSF, each National Weightlifting Federation of the participating countries shall follow the IWF procedures.

The Organising Committee must inform delegations of this regulation at the outset of their registration process for the Championship

The National Weightlifting Federation shall submit to IWF the list of athletes set to participate in the FISU Championship, including the following whereabouts information:



- Home address
- Training location of each athlete

Such whereabouts information shall be provided no later than three months prior to each IWF Event

The deadline for 2026 event’s whereabouts submission is:

- Q2 2026: 8 June 2026
- Q3 2026: 30 September 2026

The athletes included in the aforesaid lists are considered included in a designated pool (the “IWF General Pool”). In case of failure to provide the whereabouts information by the National Weightlifting Federation, the respective athletes for which the whereabouts have not been submitted shall be automatically ineligible from competing at the FISU World University Championship.

The IWF will conduct whereabouts monitoring for athletes wishing to compete in the event. The IWF will notify National Weightlifting Federations and the Organising Committee of any ineligible athletes.

In case of facing any problems submitting the whereabouts, please contact IMMEDIATELY iwf@ita.sport and/or antidoping@iwf.sport

4.4. INDIVIDUAL ENTRY – SHORT LIST (DEADLINE: -1 MONTH TO THE EVENT)

The final stage of registration for weightlifting is the confirmation of the athletes who will compete, referred to as the **short list**. As indicated in section 4.3, only athletes registered by the three-month deadline are eligible—no exceptions will be made.

The delegation composition confirmed in the short list must correspond to the numbers previously submitted in the Q-entry

The remaining 50% of the participation fees is paid in full to the Organising Committee by this deadline. Failure to do so may result in non-participation in the Championship, unless specifically approved by the Organising Committee





5. SPORT REGULATIONS

The Weightlifting events shall be organised in accordance with the most recent Technical and Competition Rules & Regulations (TCRR) of the International Weightlifting Federation (IWF). In case of dispute in the interpretation of the rules, the English text shall be regarded as authoritative.

The competitions shall last 5 days as indicated in the General Schedule (Section 3) and the competition programme shall be proposed by the IWF Competition Manager and FISU TCC and confirmed by the Organising Committee, including the following events:

5.1. EVENTS

WEIGHT CATEGORIES (SNATCH / CLEAN & JERK)								
MEN's	60Kg	65Kg	70Kg	75Kg	85Kg	95Kg	110Kg	+110Kg
WOMEN's	49Kg	53Kg	57Kg	61Kg	69Kg	77Kg	86Kg	+86Kg

5.2. COMPETITION FORMAT

Athletes will be awarded for their individual lifts in the Snatch, Clean & Jerk, and Total events, with the latter representing the combined best results from both the Snatch and Clean & Jerk. Medals will be presented to the top 3 athletes in each event: Snatch, Clean & Jerk, and Total.

Classification of Athletes & Teams will be done in accordance with [IWF TCRR 6.8](#)

5.3. DELEGATIONS COMPOSITION

A. Athletes

EVENTS	MEN's	WOMEN's
Weight Categories	Max. 2 athletes per category	Max. 2 athletes per category
Max. 32 athletes (16 men & 16 women) per delegation		

The athletes must be registered in a National Weightlifting Federation recognised by the IWF

Draw

A Verification of Final Entries (VFE) shall take place prior to or during the General Technical Meeting. After the VFE a randomly generated lot number is drawn for each verified athlete.

At the Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC

B. Officials

TOTAL NUMBER OF OFFICIALS
Max. 5 officials per delegation



6. TECHNICAL OFFICIALS

6.1. INTERNATIONAL TECHNICAL OFFICIALS

For the FISU Championship, the ITOs are appointed by IWF, with the endorsement of FISU. This appointment process considers several critical factors, including the number of participants, the level and availability of NTOs, and the goal to minimise expenses when possible. To achieve cost-efficiency, IWF will aim to nominate ITOs from neighbouring countries whenever feasible. This approach not only fosters regional cooperation but also optimises resources.

A. Number & Roles of ITOs

INTERNATIONAL TECHNICAL OFFICIALS	
NUMBER	FUNCTION
32	Jury
	Referee
	Technical Controller
	Chief Marshal
	Timekeeper
	Competition Secretary
	Competition Doctor
	Competition Director
A total of 32 ITOs are required	

At least 26 ITOs should be from a nation other than the host nation

ITOs must wear the official IWF Technical Official Uniform on duty. Please find hereafter the link to the [IWF ITO uniform guideline](#)

B. ITOs Costs

According to the Collaboration Convention signed between FISU and IWF, the Organising Committee shall cover:

- Technical Delegate's flights
- Technical Delegate's accommodation in single room
- Technical Delegate's meals
- Technical Delegate's internal transportation
- ITOs' accommodation
- ITOs' meals
- ITOs' per-diem
- ITOs' internal transportation

ITOs shall organise and cover their own travel expenses



6.2. NATIONAL TECHNICAL OFFICIALS

Concerning the NTOs, these individuals are appointed by the Weightlifting National Federation or the appropriate governing bodies within a country, under the supervision of the Organising Committee.

A. Number & Roles of NTOs

NATIONAL TECHNICAL OFFICIALS	
NUMBER	FUNCTION
10	Technical Controller
	Timekeeper
	Competition Secretary
	Competition Doctor
A total of 10 NTOs are required	

B. Agreement with the NF

Concerning the NTOs participation, it falls outside the scope of FISU or IWF. It is therefore advisable for the Organising Committee to reach an agreement directly with the National Federation. This collaboration will help ensure clarity and alignment on the financial aspects associated with it, including the following:

- NTOs Nomination – Ensure all NTOs possess the necessary qualifications to work in an international event
- Management and distribution of the technical official's clothing/uniforms
- Arrangement of suitable accommodation for the required period, if needed

It is strongly recommended to contact the National Federation early regarding the appointment of these officials to avoid potential shortages due to scheduling conflicts and ensure a successful engagement

7. SPORT MINIMUM REQUIREMENTS

7.1. COMPETITION VENUES

- Number of competition venues – 1
- Type of venues – Indoor
 - Stage – 10m x 10m
 - Height – max. 0,8m
 - Competition platform – 4m x 4m
- Warm up
 - A minimum of 12 warm-up platforms – 3m x 2.5m or 3m x 3m – along with 12 sets of sport equipment, should be provided.
- Lighting – min. 1.500 – 2.000 lux



7.2. TRAINING VENUES

- Number of training venues – 1
- Type of venue – Indoor
 - Enough space for 30 training platforms – 3m x 3m or 3m x 2.5m, with safety zones

7.3. FACILITIES

- Official weigh-in room
- Test weigh-in room

7.4. EQUIPMENT

Only sport equipment from the IWF-approved supplier is to be used.

The full list is detailed in the [IWF Sport Equipment Guidelines](#) below

A. IWF Technology & Information System (TIS)

- The use of TIS is mandatory
 - IWF will provide the TIS without charging for renting, installation, operational, or transportation costs.
 - The Organising Committee will be responsible for covering the expenses associated with the TIS operating staff (3-4 individuals), which include:
 - Travel
 - Accommodation – single rooms
 - Meals
 - Per-diem – competition days plus an additional 3 days – 100 USD a day per person



Detailed list of equipment to be provided for the Championship:

ITEM	DESCRIPTION	COMPETITION	WARM UP	TRAINING	SPARE	TOTAL
Competition Platform	4m x 4m x 0.1m	1	0	0	0	1
Warm-up Platform	3m x 2.5m or 3m x 3m	0	12	0	1	13
Training Platform	3m x 2.5m or 3m x 3m	0	0	30	2	32
Bar (Men)	Piece	1	12	30	2	45
Bar (Women)	Piece	1	12	30	2	45
25kg (Red) Competition Disc	Piece	8	72	0	4	84
20kg (Blue) Competition Disc	Piece	2	24	0	4	30
15kg (Yellow) Competition Disc	Piece	2	24	0	4	30
10kg (Green) Competition Disc	Piece	2	24	0	4	30
5kg (White) Competition Disc	Piece	2	24	0	4	30
2.5kg (Red) Competition Disc	Piece	2	24	0	4	30
2kg (Blue) Competition Disc	Piece	2	24	0	4	30
1.5kg (Yellow) Competition Disc	Piece	2	24	0	4	30
1kg (Green) Competition Disc	Piece	2	24	0	4	30
0.5kg (White) Competition Disc	Piece	2	24	0	4	30
Full Size 5kg Disc	Piece	2	0	0	0	2
Full Size 2.5kg Disc	Piece	2	0	0	0	2
25kg (Red) Training Disc	Piece	0	0	180	4	184
20kg (Blue) Training Disc	Piece	0	0	60	4	64
15kg (Yellow) Training Disc	Piece	0	0	60	4	64
10kg (Green) Training Disc	Piece	0	0	60	4	64
5kg (White) Training Disc	Piece	0	0	60	4	64
2.5kg (Red) Training Disc	Piece	0	0	60	4	64
2kg (Blue) Training Disc	Piece	0	0	60	4	64
1.5kg (Yellow) Training Disc	Piece	0	0	60	4	64
1kg (Green) Training Disc	Piece	0	0	60	4	64
0.5kg (White) Training Disc	Piece	0	0	60	4	64
2.5kg Collars	Pair	1	12	30	2	45
Disc Rack	Piece	1	12	30	2	45
Safety Barrier	Piece	2	0	0	0	2
Bar Lifter	Piece	1	0	0	1	2
Squat Rack	Set (1 piece with 2 legs or 2 separate pieces)	0	0	15	2	17



Pull Box	Pair	0	0	5	0	5
Jerk Box	Pair	0	0	5	0	5
Incline Sit Up Board	-	0	0	3	0	3
Hyper Extension Machine	-	0	0	3	0	3
Stretching Mat	-	0	0	10	0	10
Massage Bed (changeable height)	Athletes' Rest Area	0	12	6	0	18
Chalk Stand	Piece	1	12	30	1	44
Rosin Stand	Piece	1	12	30	1	44
Chalk Block	Chalk (MgCo2) (Carton)	2	5	25	0	32
Rosin	-	1	5	25	0	31
Electronic Scale	Warm-up Scales: 1 Official Weigh-in + 1 Test Precision: 50 grams min. Capacity: weigh up to 200kg	0	2	1	1	4
Medical Screen	4m x 1m (used on Field of Play)	1	0	0	0	1
Manual Decision Flag (RED)	For use as backup	3	0	0	0	3
Manual Decision Flag (WHITE)	For use as backup	3	0	0	0	3
Athlete Bib	Minimum 100 cm2 / maximum 150cm2	0	500	0	0	500
Safety Pin	4 Pieces / Bib	0	2000	0	0	2000
Warm-up Pass	Different by Bodyweight Category / Group See TCRR Regulation to 3.3.5	0	1500	0	0	1500
Athlete Pass	Similar to Warm-up Pass See TCRR Regulation to 3.3.5	0	500	0	0	500
Challenge Card	See TCRR Regulation to 3.3.5	0	500	0	0	500
Cleaning & Decontamination Devices	Vacuum cleaner, wire brushes, cloths, mop with bucket, broom, gloves and other cleaning disinfectant/antiseptic products	1	2	3	0	6
Disc Rack	Piece	1	12	30	2	45
Safety Barrier	Piece	2	0	0	0	2
Bar Lifter	Piece	1	0	0	1	2
Squat Rack	Set (1 piece with 2 legs or 2 separate pieces)	0	0	15	2	17



8. TRAININGS

The Organising Committee is responsible for coordinating and communicating the training schedule to each delegation, ensuring appropriate access to facilities based on the sport and competition schedule. Some of the factors to be considered are:

- Create a training schedule based on the indications of the FISU TCC and the IWF Competition Manager
- Consider the usage of the main competition venue, if needed and appropriate
- Provide hydration and basic medical assistance for training sessions
- Share a detailed training plan with each delegation at least 48 hours before their arrival
- Ensure training venue availability throughout the Championship

Please refer to the Section 5.2.3 of the General Handbook for more detailed information regarding Trainings

9. MEDICAL SERVICES

A. FISU Requirements

- First aid and Emergency Medical care
- Medical transportation
- OC on-call first aid medical services shall be available on a 24-hour basis
- A minimum of two ambulances per venue should be available and on duty from the start of warm-up until at least 45 minutes after the final competition of the day

B. Participants Medical Insurance

All participants must have valid travel medical insurance, covering:

- 24/7 Emergency Assistance
- Emergency Medical Expenses
- Medical Evacuation/Repatriation
- Trip Cancellation/Interruption
- Accidental Death or Injury

The OC is solely responsible for providing first aid, emergency medical care, and transportation to the designated hospital. All other medical costs shall be borne by the participant's insurance

Refer to Section 3.4.1 of the General Handbook for more detailed information regarding Medical Services

10. DOPING CONTROL

A. FISU Requirements

- Anti-doping tests will be conducted under the supervision of FISU. The sample collection process will be carried out by a designated authority, in accordance with the IWF Anti-Doping Rules
- The requirements regarding the number and type of doping tests, as well as the total number of tests to be conducted, can be found in the *FISU Doping Test Requirements* document. This information is available exclusively to the Organising Committee.
- The OC Doctor or Head of the Medical area shall coordinate the doping testing and contact the FISU CMI to clarify the moment or disciplines in which the tests will be carried out.
- All doping tests costs (including collection, transportation, laboratory analyses) shall be borne by the Organising Committee.

B. Athletes Selection

- Athletes are eligible for testing once accredited until departing from the official event accommodation.

C. Special Procedures for Registration in Weightlifting - Whereabouts

- The National Weightlifting Federation shall submit to IWF the list of athletes set to participate in the FISU Championship, including the following whereabouts information:
 - Home address
 - Training location of each athlete
- Such whereabouts information shall be provided by the National Weightlifting Federation to IWF **no later than three months prior to each IWF Event**. The athletes included in the aforesaid lists are considered included in a designated other pool (the "IWF General Pool"). In case of failure to provide the whereabouts information by the Member Federations, the respective athlete(s) for which the whereabouts have not been submitted shall be automatically ineligible from competing at the IWF Event in question.
- **The deadline for 2026 event's whereabouts submission is:**
 - **Q2 2026: 8 June 2026**
 - **Q3 2026: 30 September 2026**
- The IWF will conduct whereabouts monitoring for athletes wishing to compete in the event. The IWF will notify Member Federations and the Organising Committee of any ineligible athletes.
- The Organising Committee must inform delegations of this regulation at the outset of their registration process for the Championship.

In case of facing any problems submitting the whereabouts, please contact IMMEDIATELY iwf@ita.sport and/or antidoping@iwf.sport

Please refer to Section 3.4.2 of the General Handbook for more detailed information regarding Doping Control



11. PROTOCOL, SPORT PRESENTATION & AWARDING

11.1. MEDALS TABLE

WEIGHTLIFTING								
WEIGHT CATEGORIES		EVENTS	MEN			WOMEN		
MEN	WOMEN		G	S	B	G	S	B
60Kg	49Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
65Kg	53Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
70Kg	57Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
75Kg	61Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
85Kg	69Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
95Kg	77Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
110Kg	86Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
+110Kg	+86Kg	Snatch	1	1	1	1	1	1
		Clean & Jerk	1	1	1	1	1	1
		Total	1	1	1	1	1	1
TOTAL			24	24	24	24	24	24

A. FISU Requirements

The Organising Committee is responsible for providing the medals as shown in the table above. Medals must be awarded for all categories and events. The top 3 athletes in each event (Snatch, Clean & Jerk, Total) are eligible for medals.



The table below provides a comprehensive overview of the total number of medals awarded across all competition disciplines. Please note that extra/reserve medal sets and the FISU set are not included in these figures.

WEIGHTLIFTING MEDALS	
Gold	48
Silver	48
Bronze	48

The Organising Committee must provide FISU with a set of medals of the event

B. Recommendations & Considerations

It is crucial to have additional sets of medals on hand as a contingency. Some medals may be defective and may need to be replaced.

The Organising Committee may, at their discretion, offer individual “Best Lifter” awards

Medals are not mandatory for Officials in Weightlifting

11.2. SPORT PRESENTATION

Sports presentation is vital for elevating a Championship from a competition to an unforgettable experience. It encompasses everything from music and lighting to commentary and fan engagement, creating a unique atmosphere that engages the audience.

In case there is a big screen in the venue for the spectators, some educational video (provided by IWF) regarding the rules of the sport can be displayed at the beginning of the competition day

A. FISU Requirements

- **Audio Elements**
 - Sound System: A high-quality sound system is essential for announcements, music, and commentary, ensuring clear communication and an engaging atmosphere.
 - Microphone: Essential for general announcements such as schedule, results, athletes introduction, general information, and others.
 - Thematic Music: Curate an energetic playlist to be played during introductions, warm-ups, and medal ceremonies to elevate the excitement.
- **Commentary and Announcing**
 - Live Announcements: Make timely announcements regarding event schedules, race results, and athlete backgrounds to keep the audience informed and engaged.
- **Athletes Introduction + Technical Officials’ presentation**
 - Ceremonial Introductions: Develop exciting and personalized introductions for the athletes, showcasing their achievements and backgrounds.

B. Recommendations & Considerations

- **Audio Elements**
 - DJ: Enhances the atmosphere and overall experience of a sports competition, by creating and maintaining energy, motivating the athletes and engaging the crowd.
- Music is not played during the lifts. However, music may be played before, between, and after the lifts.



Commentary and Announcing

- Engaging Commentary: Speaker / At least two speakers with weightlifting expertise are required to conduct the sessions.
- The speakers should be hired by the LOC but must be approved by both the FISU TCC and IWF.

By carefully considering these requirements, Weightlifting events can be transformed into immersive experiences that celebrate the sport and its athletes while capturing the attention of spectators and fostering a lasting connection with the Weightlifting community.

11.3. WEIGHTLIFTING PRE-COMPETITION PROTOCOL

A. Athletes Introduction

Event Host:

“Now, let’s introduce our contenders for the [men’s/women’s/teams] Championship! Please join me in welcoming our athletes with enthusiasm!”

- Country Flag Display (if any big screen available)
 - “Representing [Country], we have [Athlete’s Name]!”
 - “[He/She] recently finished [insert notable performance], and holds a personal best of [insert time, if available].”
 - “Notably, [he/she] has also won [mention any major titles or accolades, such as national championships].”

12. SERVICES

The Organising Committee should provide a variety of services for the event, including:

- Ice
- Laundry
- Wi-Fi

Please refer to the Section 3.11 of the General Handbook for more detailed information on all services

12.1. ICE

The supply of ice is one of the most common requests from participating delegations, particularly for injury treatment and recovery purposes.

- The Organising Committee must supply ice for treating injuries during both practice and competition, as part of the medical coverage for the event. It does not cover large quantities of ice needed for recovery treatments, such as cryotherapy.

The Organising Committee secure a reliable ice provider on standby, anticipating the request from teams and establishing clear procedures for ice procurement, including pricing and how to access this service



12.2. LAUNDRY

Laundry services are essential for many sports, particularly in long-duration competitions and team sports, where athletes may require frequent changes of clothing.

- Laundry services must be provided in all Team Sports Championships and in all sports with more than four competition days.
- Self-Service or Full-Service Laundry can be considered (hotel/accommodation and external services included in the latter)

Self-Service is the preferred option, giving more flexibility and control to the teams. If not, it is important to negotiate reduced pricing and adjust the timing for collection/delivery of uniforms with the provider

12.3. WI-FI

Wi-Fi is an essential service for university students, as it serves as a critical infrastructure that fosters communication and supports their academic responsibilities.

- Participants can easily access real-time information about event schedules, results, and updates. This allows them to plan their day effectively, ensuring they don't miss out on key events and activities.
- Participants can engage with live broadcasts, social media updates, and other digital content related to the event.
- For many students, academic responsibilities continue even during events. Wi-Fi connection ensures they can access study materials and educational resources, maintain communication with professors, and keep up with online courses.

Wi-Fi should be provided free of charge for all participants at the event, both at the accommodation sites and at the competition venues



13. GENERAL TIMELINE

TIMELINE	ACTIONS
Event -12 months	<ul style="list-style-type: none">• Coordination Visit<ul style="list-style-type: none">◦ Venues visit and Equipment approval (FISU TCC)• Competition programme approval (FISU TCC)• Venue medical plan approval (FISU TCC)
Event -6 months	<ul style="list-style-type: none">• General Entries (NUSFs)
Event -4 months	<ul style="list-style-type: none">• Quantitative Entries (NUSFs)
Event -3 months	<ul style="list-style-type: none">• Individual Entries – Long List (NUSFs)• ITOs & NTOs list (FISU / IWF)
Event -1 months	<ul style="list-style-type: none">• Individual Entries – Short List (NUSFs)• ITOs Cost (NUSF)• 100% payment from participating countries (NUSFs / OC)• Final Bulletin (OC / FISU / FISU TCC)
Event -1 day	<ul style="list-style-type: none">• Accreditation and participants list confirmation (NUSFs)• Technical Officials Meeting (ITOs / NTOs / TCC / OC)• General Technical Meeting (NUSFs / OC / FISU)• Verification of Final Entries (IWF)• Teams' Seeding (NUSF – OC – FISU)
EVENT	
Event +1 week	<ul style="list-style-type: none">• Send all documents and media to FISU (OC)
Event +1 month	<ul style="list-style-type: none">• Final Report to FISU (OC)

FISU WORLD UNIVERSITY CHAMPIONSHIPS WEIGHTLIFTING TECHNICAL HANDBOOK



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CONTACT

WORLD UNIVERSITY CHAMPIONSHIPS
DEPARTMENT
championships@fisunet

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